

CURRENT LIBERATION SCHOOL CLASSES

All classes will be held at St. Mary's Church, 23 E. Van Buren, except self-defense classes.

READINGS IN WOMENS LIBERATION Thursday evenings, 7:30-9:30, beginning Feb. 11  
Why are sisters uniting? How are they uniting? --Introduction to basic ideas of womens liberation -- How we've been oppressed at home, at school, on the job, as sex objects. Find out for yourself instead of from the media in a six week rap and study course.  
Convenor: Marcia Rothenberg (684-7938)

WOMEN IN THE UNITED STATES IN THE 20TH CENTURY Monday eves. 7:30-9:30, beg. Feb. 8  
We will be asking ourselves if things have gotten better or worse for women since we won the vote 50 years ago. Some topics to be examined: the last decade of the womens' suffrage movement; the flapper, was she liberated? World War II, Rosie the Riveter, was she liberated? The feminine mystique, the Womens Liberation Movement.  
Convenor: Ellen DuBois (328-7827)

WOMEN AND THEIR BODIES Saturday mornings, 10-12 noon, beginning Feb. 13  
This course will include discussion of topics such as the following: Female anatomy and physiology, some myths about women, venereal disease, birth control, abortion, pregnancy and childbirth, medical institutions.  
Convenor: Mary Sack (226-5747)

HIGH SCHOOL WOMENS LIBERATION Saturday mornings, 10-12 noon, beginning Feb. 13  
High school women experience a twofold oppression as women and as high school students. We will discuss both these oppressions as they affect us personally and politically. Understanding our oppression is the first step towards liberation. Discussion will include the topics of drugs, birth control, alternate education, and womens liberation.  
Convenor: Sue Flynn (472-1735)

FIX\*IT COURSE Thursday evenings, 7:30-9:30, beginning Feb. 11.  
In this course we will work together to overcome our ingrained fears of machines, electricity, and work with tools. This will be done by working on practical projects such as the following: fixing home appliances, toilets, car repairs, and building things which involve work with wood or electricity. Specific projects will be chosen with the help of the class.

Convenor: Robin Kaufman (288-2934)

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REGISTRATION FORM

NAME \_\_\_\_\_ PHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

COURSES YOU WANT TO REGISTER FOR \_\_\_\_\_

ENCLOSED IS \$2.00 REGISTRATION FEE \_\_\_\_\_

I need help with babysitting during class \_\_\_\_\_ No. of children \_\_\_\_\_ Ages \_\_\_\_\_  
Fill out and return by Feb. 5 to: Liberation School, %Chicago Womens Liberation Union, 2875 W. Cermak, Chicago, Ill., 60623.

THE POLITICS OF HEALTH Wednesday evenings, 7:30-9:30, beginning Feb. 10

The focus for this course will be on answering the following questions:

- What are the requirements for good health?
- Why are Americans generally so unhealthy?
- How is health care tied in with womens oppression?
- How is ill health made into a profit-making business?
- How do institutions like the Food and Drug Administration and the American Medical Association contribute to ill health?
- What possible models are there for alternative systems of health care?

Convenor: Linda Friedman (463-0308) and Debbie Dobbin (536-2225)

SCIENCE FOR WOMEN Monday evenings 7:30-9:30, beginning Feb. 8

This course is about science -- how science has been used for profit instead of for the people; how science has been controlled by men. Knowledge is power. In this context we will discuss gravity and electromagnetism from Newton through Maxwell to Einstein, and we will discuss brain functions and computer imitations of human intelligence.

Convenors: Chris Riddough (328-8402) and Naomi Weisstein (338-9647)

STUDY GROUP ON THE FAMILY Wednesday evenings, 7:30-9:30, beginning Feb. 10

A study group on the development of the family throughout history, the role it has played in the oppression of women and the role it plays in present American society. Readings will include Engels, Origins of the Family, Private Property and the State, Firestone, Dialectics of Sex.

Convenors: Liz Butters (538-2877) Jenny Knauss (864-6459) Vivian Rothstein (327-1531)

SELF DEFENSE CLASSES

Ongoing classes in self-defense are being held on Thursday evenings, 6:00-7:00, I.W.W. Hall, 2440 N. Lincoln and Saturday afternoons, 3:00-5:00, in the Dance Room at Ida Noyes Hall, University of Chicago, 1212 E. 59th Street.

REGISTRATION FORM

NAME

PHONE

ADDRESS

COURSES YOU WANT TO REGISTER FOR

ENCLOSED IS \$1.00 REGISTRATION FEE

I need help with paying for the class. No. of children: \_\_\_\_\_  
Fill out and return by Feb. 5 to: Education School, Chicago Women's Liberation  
Action, 2875 W. Belmont, Chicago, Ill. 60633.



STUDY GROUP ON NUTRITION

This course will examine the way in which the food industry controls what kinds of foods we eat, in the interests of its own profit and the present economic system. We want to establish what constitutes a nutritious diet and how we can begin to make one available; and to see how the means of production have to be changed so that everyone has access to nutritious food. Readings include Let's Eat Right To Keep Fit by Adelle Davis (to be read before the first class) Class size: 12. Thursday evenings 7.30-9.30 beginning October 7, at the Sisters' Center, 7071 Glenwood, Rogers Park. (2 blocks north of Morse "el" stop). Convenors: Mary Meyer (338-6073), Helen Aarli (338-1374) and Mary Goldstein (728-6886)

STUDY GROUP ON EDUCATION

A study group on education: how it has changed to meet the social and political needs of society, and how it perpetuates the present class system. Topics will include how such writers as Dewey and Tolstoy viewed education and society, and how "free schools" relate to society especially in terms of socialization. Class size: 12. Monday evenings 7.30-9.30, beginning Oct 11. Convenors: Mary Heinz (525-4608) and Mary Meyer (338-6073)

MARXISM

A beginning course on Marxism. Topics will include: historical materialism, political economy, imperialism, the state, the party, women. Women interested in taking the course should call the convenors by September 30. Monday evenings 7.30-9.30, beginning October 11. Convenors: Carole Hamerquist (327-0158) and Evelyn Goldfield (549-0714)

ORGANISING II

This course will teach the fundamentals of ideology, strategy and tactics for building one kind of a direct action, mass based women's organisation. Experience of such an organisation is not necessary, but women should take the course with the intention of going into or organising this kind of model fairly soon. Much of the material has been developed out of the experience of the Action Committee for Decent Childcare. Tuesday evenings 7.30-9.30, beginning October 5. Convenors: Heather Booth (538-3063) and Kathy Blunt (743-5064)

COLLEGE ORGANISING

Designed to help women organise on their campuses, this course will include discussions of the institutional oppression which women in colleges experience and the function of higher education as an institution of socialization. The main emphasis, however, will be on talking concretely about the different types of schools represented in the course, and discussing how women's liberation can serve the needs of and be made relevant to women in each different kind. Thursday evenings 7.30-9.30, beginning October 7. Convenors: Marge Witty, Allyne Rosenthal (728-2089) and Barbara Pruzan (348-6216)

WRITERS WORKSHOP

Though writing cannot be taught, the latent talents of all work-shoppers will be drawn out through writing games and experiments. It is hoped that in-class writing, good feelings, and discussions will generate new writing projects and provide feedback and encouragement for on-going projects. Focus on writing for the women's movement. Bring pencil and paper. Thursday evenings 7.30-9.30, beginning October 7. Convenors: Donna Ippolito (366-3732) and Alene Staley (784-8146)

TOPICS IN THE HISTORY OF THE AMERICAN FAMILY

This course will view American family life from a historical perspective, giving the basic background for discussion of changes in the institution, and the inter-relationship of woman and the family. Thursday evenings 7.30-9.30, beginning October 7. Convenor: Phyllis Stabbe (262-0808)

FICTION BY AND ABOUT WOMEN

There have been many fine women writers, some of whom have shown in their books that they were interested in the experience of being a woman in modern society. We will read books by George Eliot, Kate Chopin, Sylvia Plath, Mary McCarthy, Simone de Beavoir and Doris Lessing to see how accurate their portrayal of woman characters are according to our experience as women, and to see how much we can learn about ourselves from books by women. Class size: 12. Monday evenings 7.30-9.30, beginning October 11. Convenors: Linda Greene (328-6023) and Paula Friedman (493-2942)

BUSINESS SKILLS FOR ANTI-CAPITALISTS

This course will try to demystify the business world, and give a women's liberation perspective on business. It will both show how money is a major source of power from which women are systematically excluded, and help us learn how to use money to fund our projects.

Wednesday evenings 7.30-9.30, beginning October 6.

Convenors: Susan Davis (667-3745) and Mary Houghton (684-7581)

WOMEN'S DANCE

Through discussion, exercise, and improvisations, we will try to discover how the roles women have been placed in affect our movements and how we feel about our bodies; to help each other free up our bodies, and expand our vocabulary of movement. Sunday evenings 7.00-10.00 at Belden Manor Shelter Home, 1200 West Belden, beginning October 10.

Convenors: Sue Halloran (472-1435) and Barbara Noble (929-4293)

BASIC SILKSCREEN TECHNIQUES

and introduction to the Women's Graphica Collective, a series of two all-day workshops. The first will be a demonstration of the different methods of making a stencil and of printing. The second workshop is flexible -- bring ideas for prints. There will be a discussion of the Women's Graphics Collective -- what it means to be a collective of women artists, how new members can both help us print and begin their own silkscreen projects.

Saturdays, October 23 and October 30, 10.00a.m. at 3032 North Kenmore.

(2 blocks west and 2 blocks south of Belmont "el" stop.)

Convenor: Estelle Carol (929-2271)

PREPARED CHILDBIRTH

This course will try to take the mystery out of childbirth. We will look at the physiology of the process, how women can retain full control of their bodies during normal births, making their own decisions about their needs. We shall also try to understand and avoid the class assumptions about women and their lives that underlie most prepared childbirth courses.

(Not only for pregnant women.) Wednesday evenings 7.30-9.30, beginning October 6. Convenors: Linda Friedman (728-2089) and Jenny Knauss (864-6459)

LEGAL SKILLS

A course in basic survival tactics in dealing with the law. Discussion will be on our rights, and possible legal problems, in such aspects of our lives as: marriage and divorce, jobs, alternatives to the nuclear family, welfare, housing law and consumer rights, and criminal law and police practices. Tuesday evenings 7.30-9.30, beginning October 5.

Convenor: Alison Edwards (281-2651)

AUTO REPAIR

An introductory course to help women learn to mend their own cars may be offered this term. For further information call Robin Kaufman (288-2934) (Call in the afternoons and evenings only)

\*\*\*\*\* FOR INFORMATION -- ON-GOING CLASSES\*\*\*\*\*

SELF-DEFENSE

Saturday mornings 9.30a.m. at Ida Noyes Hall 1212 East 59th in Hyde Park  
(women and men)

Monday and Thursday evenings 6.00p.m. at IWW Hall 2440 North Lincoln (women)

For further information call Carole Whiteside (477-5568)

MODERN DANCE

Concepts and Techniques for raw beginners and others.

Monday evenings 7.00-8.15 at St. Peter's Episcopal Church, Belmont and Broadway. Convenor: Lucina (477-4373)

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DON'T FORGET TO COME TO THE ORIENTATION AND INTRODUCTION  
SESSION

GRACE LUTHERAN CHURCH

MONDAY OCTOBER 4 AT 7.30 p.m.



WOMEN AND RELIGION

Culture and religion have long served to reinforce a servile position for women in a "man's world." Women and Religion will deal with religion's anti-feminine bias not only theologically and historically but also as it affects our lives as modern women, in such matters as birth control, marriage, and the relationship between the sexes.

Monday evenings, 7:30-9:30, beginning February 14  
Convenor: Pam Manczak (478-2640)

PARENTING THE YOUNG CHILD

A chance for women to explore motherhood and childhood as they really exist today. Discussions will center on why women have children, how they feel about them and the tensions involved in living with children. We will focus on children in two ways: first, what childhood is and what children need from adults. Second, how to supply children's needs for play, discipline, love, and freedom, etc. We will explore how to balance needs of women and their children. Non-mothers welcome. Class limit - 20.

Tuesday evenings, 7:30-9:30, beginning February 8.  
Convenors: Kathy Swanson (528-4142) and Nancy Collins (528-2851)

MARX AND FREUD

This course will try to examine the question of whether Marxian and Freudian ideologies are incompatible or whether a synthesis between the two outlooks is possible. An attempt will be made to illustrate the possible inter-relationships between the subjective life of men as described by Freud and the objective world of economic and social prophecies whose laws of development Marxism has investigated.

Thursday evenings, 7:30-9:30, beginning February 10  
Convenor: Renata Huber (271-6404)

INTRODUCTION TO REVOLUTIONARY CHINA

This is a course on revolutionary China which will discuss Chinese history and the prerevolutionary Chinese society in order to understand the present. The course will also include reading and discussion dealing with Maoism, the cultural revolution, and present U.S. - China relations. Resource speakers from the Committee of Concerned Asian Scholars will participate.

Tuesday evenings, 7:30-9:30, beginning February 8.  
Convenor: Joan Herbert (324-0899)

PSYCHOLOGY OF WOMEN

This course will discuss some of Psychology's findings and prejudices about women, both to learn more about ourselves and to protect ourselves against the use of Psychology in keeping women down. Topics will include psychotherapy, marriage and the family, and women and work. Discussions, readings, and demonstration of experiments. Tuesday evenings, 7:30-9:30, beginning February 8, at the Sister Center, 7071 North Glenwood, Rogers Park (2 blocks north of the Morse "el" stop).

Convenor: Marlyn Grossman (642-2737)

DIALECTICS OF SEX STUDY GROUP

In this class we will use Shulamith Firestone's Dialectics of Sex to explore the organization of culture as a sexual class system and the effects of such a system on all of humanity; reexamine Freud and the early feminists in an historical context, and attempt to envision a totally liberated humanity in a technological society. We hope to stimulate a lot of creative thinking about what society will be like if designed by and in the interest of women and their children. Class participants should start reading the book as soon as possible.

Wednesday evenings, 7:30-9:30, beginning February 9, at the Sister Center 7071 North Glenwood, Rogers Park (2 blocks north of the Morse "el" stop).  
Convenors: Betsy Vasquez (465-4943) and Martha Berlin (764-4571)

ANARCHISM

Basically, this course will explore the relationship of women to anarchism and the reality and potential of the contemporary anarchist movement. After a theoretical introduction to anarchism, we will focus on its historical background, and then move into discussing contemporary movements.

Wednesday evenings, 7:30-9:30, beginning February 9  
Convenors: Ann Allen (472-4798) and Pamela Barnett

TRANSPORTATION FOR WOMEN

An introduction to driving for women. The course will help you prepare for and pass the learner's permit test and provide time for practice driving. In addition we will go over how to change a tire and how a car works. This is a crucial skill to help you and your sisters become active in the women's liberation movement and lead a more independent life. Class limit - 15. First class meeting will be Wednesday night, 7:30-9:30, February 9. Other class meetings to arranged.

Convenors: Mary Meyer (338-6073) and Vivian Rothstein (728-2089)

FIX-IT

A survey of how various mechanical devices and systems work (such as plumbing systems or coffee pots) and how simple repairs can be made (for instance, leaky faucets, faulty pilot lights) with some practical experience in class. Class limit - 15. Monday evenings, 7:30-9:30, beginning February 14.

Convenor: Chris Piddiough (328-8402).

YOGA

This class will study and practice Hatha Yoga with particular emphasis on the physical culture. We seek to maximize peace of mind and health of body through the exercises, breathing techniques, and positions for concentration and meditation, which require the coordination of our total beings. All interested should bring a towel or mat and wear either a leotard or loosely fitting clothes. Saturday mornings, 11:00-1:00, beginning February 13. Please call convenor for location of class.

Convenor: Gayle Shuchter-Podolner (BU 81100, ext. 1001 - home; or 643-7300, ext. 72 - work).

DANCE FOR CHILDREN

A course in improvisational dance for children 3 to 5 years of age, designed to provide the children with both an introduction to dance, physical recreation and exercise, a medium for self-expression and fun. Saturday mornings, 10:00-11:00, beginning February 13. For time and place of class, please call one of the convenors. Convenors: Diana Leifer (929-1016) and Eugenie Ross-Leming (348-0886).

TAX RETURN WORKSHOP

A one-day workshop will be given to show how to fill out income tax return forms and to discuss what deductions are available for you. Bring either a list of tax questions or your own return. This workshop will be given on Saturday, March 11, 10:00-2:00, at St. Paul's Church, 655 West Fullerton.

Convenors: Alene Staley (784-8146) and Mary Jane Pieroni (348-1392).

PREGNANCY TESTING WORKSHOP

This one-day workshop will be given to teach women how to give pregnancy tests. This is a valuable skill since there is a high demand throughout the city for women who will be able to give reliable and inexpensive tests. The workshop will be given on Saturday, February 19, from 1:00 to 4:00, at the Second Unitarian Church (Hayworth Room), 656 West Parry.

Convenor: Elaine Wessel (643-0969).

COURSES WITH SPECIAL RESTRICTIONS

The following courses are extension courses of the Liberation School, given in various communities. Each course is being offered for a special group of women or a special community.

WOMEN AND THEIR BODIES

Open to all nursing students. This course for the nursing student is directed towards a better understanding not only of her own physical and mental womanhood but also that of her female patients. Also, a political, personal and philosophical look at anatomy, physiology, VD, birth control, abortion etc., and the role of the female nurse in relation to the male dominated medical institutions. This class will begin during the week of February 7; for exact time and place, please call the convenors.

Convenors: Mary Sack (525-2247) and Mary Lee Pakieser (475-9685).

There will also be a WOMEN AND THEIR BODIES course offered at Wendelein College. For more information, please call Susie Rosenberg, 472-1543.

READINGS IN WOMEN'S LIBERATION

Open to women who attend Wright Jr. College, or live in the area surrounding Wright. Why are women uniting? How are they uniting? This class is an introduction to basic ideas of women's liberation -- how we've been oppressed at home, at school, on the job, as sex objects. Find out for yourself in an eight week rap and study course. Class will begin sometime during week of February 7; please call convenors for exact time and room number. Wright Jr. College is at 3400 N. Austin Blvd. Convenors: Judy Sayad (935-1123) and Jenny Rohrer (477-0582).

NUTRITION

This is a course for women in the Lawndale area who would like to get together and talk about how to survive on a low income budget. It will consist of six to eight sessions with an emphasis on how to pick out cheap, healthy food. We will also look at how women as consumers are particularly oppressed by the food industry in such areas as advertising and through the large chain supermarkets. Saturday afternoons, 1:00-3:00, beginning February 13. Please call convenors for location. Convenors: Ann Stenwick (542-2011) and Lois Stephens (768-3649).

WOMEN'S LIBERATION FOR OLDER WOMEN

This course will include both readings and discussion. The materials will have to depend on both the ages of the women and the extent of their previous involvement in the Women's Union. One area that I am particularly interested in exploring is the physical aspects of aging and this would include menopause. Saturday mornings, 11:00-1:00, beginning February 13. This class will meet in Rogers Park; please call convenor for exact location. Convenor: Helen Aarli (338-1374).

PREPARED CHILDBIRTH

This class is open to women who live in the Lincoln Park/Lakeview community. The main part of the course will deal with how we can prepare ourselves to have childbirth with little pain. We will also talk about how we feel about being pregnant, the changes our bodies go through, sensible and inexpensive nutrition, and other issues important to the women in the class. This class will begin sometime during the week of February 7; please call convenor for exact time and place. Convenors: Pauline Lipman (348-0885) and Mary Elliott (489-6371).

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Two women therapists are interested in getting together a group therapy situation for women on Tuesday nights, from 7:00-9:00. If you are interested, call Liz Robson, 477-9852.  
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DON'T FORGET TO COME TO THE ORIENTATION AND INTRODUCTION SESSION

GRACE LUTHERAN CHURCH, 555 WEST BELDEN --

MONDAY, FEBRUARY 7 at 7:00p.m.

LABOR IS THE SOURCE OF ALL VALUE LABOR DONATED BY SOJOURNER TRUTH ORG.